

**Program Code**

GCCP

**Program Minimum Units**

12

**Standard Duration**

6 months

**Program Faculty**

Faculty of Health and Medical Sciences

**AQF Level**

08

**Academic Year**

2017

These Program Rules should be read in conjunction with the University's policies (<http://www.adelaide.edu.au/policies>).

**Overview**

The Graduate Certificate in Counselling and Psychotherapy consists of elective coursework to introduce students to the broad theoretical foundation and skills of counselling / psychotherapy. It will provide an introductory pathway to training in a specific counselling / psychotherapy modality or provide training in a range of specific counselling / psychotherapy modalities to experienced counsellors.

Usually the completion of a Bachelor degree is the minimum qualification for entry to the program but other equivalent qualifications will be considered.

The Graduate Certificate in Counselling and Psychotherapy is an AQF Level 8 qualification with a standard full-time duration of 0.5 years.

**Academic Program Rules for Graduate Certificate in Counselling and Psychotherapy (GCertCounsPsych)**

There shall be a Graduate Certificate in Counselling and Psychotherapy (GCertCounsPsych).

**Qualification Requirements  
Academic Program**

To qualify for the Graduate Certificate in Counselling and Psychotherapy, the student must complete satisfactorily a program of study consisting of the following requirements with a combined total of not less than 12 units.

**Core Courses**

To satisfy the requirements for Core Courses students must complete courses to the value of 12 units.

## Graduate Certificate in Counselling and Psychotherapy (GCertCounsPsych)

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To qualify for the Graduate Certificate in Counselling and Psychotherapy, the student must complete satisfactorily a program of study consisting of the following requirements with a combined total of not less than 12 units.

### Core Course

Courses to the value of up to 12 units may be taken from the following:

- PUB HLTH 7078 [Qualitative Research Methods In Health](#) (3 units)
- PUB HLTH 5005 [Counselling Skills 1](#) (3 units)
- PUB HLTH 5006 [Ethics in the Workplace](#) (3 units)
- PUB HLTH 5007 [Attachment Across the Lifespan](#) (3 units)
- PUB HLTH 5008 [Counselling and Psychotherapy Theories](#) (3 units)
- PUB HLTH 6018 [Counselling Skills 2](#) (3 units)
- PUB HLTH 6019 [Overview of Mental Health](#) (3 units)
- PUB HLTH 6021 [Nature of Grief](#) (3 units)
- PUB HLTH 7003 [Cognitive Behaviour Therapy](#) (3 units)
- PUB HLTH 7007 [Interpersonal Therapy](#) (3 units)
- PUB HLTH 7005 [Narrative Approaches to Counselling](#) (3 units)
- PUB HLTH 7010 [Mindfulness-based Counselling Applications](#) (3 units)
- PUB HLTH 7013 [Family & Relationships Counselling](#) (3 units)
- PUB HLTH 7024 [Counselling of Children and Adolescents](#) (3 units)
- PUB HLTH 7019 [Expressive Therapies: Creative Arts in Counselling](#) (3 units)
- PUB HLTH 7021 [Hypnosis](#) (3 units)

**Published on:** 19 December, 2016 | 17:12:21

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