

**Program Code**

MCP

**Program Minimum Units**

48

**Standard Duration**

2 Years

**Program Faculty**

Faculty of Health and Medical Sciences

**AQF Level**

09

**Academic Year**

2017

These Program Rules should be read in conjunction with the University's policies (<http://www.adelaide.edu.au/policies>).

**Overview**

This program prepares students for a career in counselling by introducing them to the theoretical foundation and practical skills required. The program consists of core and elective coursework and combines theoretical knowledge and practical skills in counselling and psychotherapy. The clinical skills pathway has been designed to meet the training requirements for practitioners as outlined by the Psychotherapy and Counselling Federation of Australia. In the second full-time year of the program (or equivalent) students must allow up to two and a half days each week for Counselling Placement. The research pathway provides a suitable background for students considering PhD candidacy.

Progression to the second year of the program is subject to a satisfactory review by program staff.

The Master of Counselling and Psychotherapy is an AQF Level 9 qualification with a standard full-time duration of 2 years.

**Conditions**

Condition of Enrolment

*Criminal History Clearance:* Students who undertake clinical placements, internships or research projects involving children or people who are ill, elderly or vulnerable are now required to demonstrate clearance by producing a criminal history check, obtained through a Department for Communities and Social Inclusion (DCSI) check. International students may be required to obtain a certificate from their home country.

**Academic Program Rules for Master of Counselling and Psychotherapy (MCounsPsych)**

There shall be a Master of Counselling and Psychotherapy (MCounsPsych).

**Qualification Requirements  
Academic Program**

To qualify for the degree of Master of Counselling and Psychotherapy, the student must complete satisfactorily a

program of study with a combined total of not less than 48 units in either a Clinical Practice or Research pathway.

The Clinical Practice pathway comprises of:

1. Core courses to the value of 39 units
2. Elective courses to the value of 9 units

The Research pathway comprises of:

1. Core courses to the value of 24 units
2. Elective courses to the value of 12 units
3. Research equivalent courses to the value of 12 units in the form of a research dissertation

### Clinical Practice Pathway

To satisfy the requirements for Clinical Practice Pathway students must complete courses to the value of 48 units.

#### Core Courses

Courses to the value of up to 39 units may be taken from the following:

Students are required to take both the Part A and the matching Part B course:

- PUB HLTH 5005 [Counselling Skills 1](#) (3 units)
- PUB HLTH 5006 [Ethics in the Workplace](#) (3 units)
- PUB HLTH 5007 [Attachment Across the Lifespan](#) (3 units)
- PUB HLTH 5008 [Counselling and Psychotherapy Theories](#) (3 units)
- PUB HLTH 6018 [Counselling Skills 2](#) (3 units)
- PUB HLTH 6019 [Overview of Mental Health](#) (3 units)
- PUB HLTH 6021 [Nature of Grief](#) (3 units)
- PUB HLTH 7003 [Cognitive Behaviour Therapy](#) (3 units)
- PUB HLTH 7005 [Narrative Approaches to Counselling](#) (3 units)
- PUB HLTH 7010 [Mindfulness-based Counselling Applications](#) (3 units)
- PUB HLTH 7020A [Counselling Placement IA](#) (0 units)
- PUB HLTH 7020B [Counselling Placement IB](#) (6 units)
- PUB HLTH 7078 [Qualitative Research Methods In Health](#) (3 units)

#### Elective Courses

Courses to the value of up to 9 units may be taken from the following:

- PUB HLTH 7073 [Indigenous Health](#) (3 units)
- PUB HLTH 7007 [Interpersonal Therapy](#) (3 units)
- PUB HLTH 7013 [Family & Relationships Counselling](#) (3 units)
- PUB HLTH 7019 [Expressive Therapies: Creative Arts in Counselling](#) (3 units)
- PUB HLTH 7021 [Hypnosis](#) (3 units)
- PUB HLTH 7024 [Counselling of Children and Adolescents](#) (3 units)
- PUB HLTH 7025 [Theory & Practice of Counselling and Psychotherapy](#) (3 units)
- PUB HLTH 7091 [Knowing What Works - Evaluation for Public Health](#) (3 units)

or

Courses to the value of up to 9 units may be taken from the following:

Other postgraduate coursework courses offered by the University or another university which the Faculty approves in lieu of elective courses.

### Research Pathway

To satisfy the requirements for Research Pathway students must complete courses to the value of 48 units.

### Core Courses

Courses to the value of up to 24 units may be taken from the following:

- PUB HLTH 7078 [Qualitative Research Methods In Health](#) (3 units)
- PUB HLTH 5005 [Counselling Skills 1](#) (3 units)
- PUB HLTH 5006 [Ethics in the Workplace](#) (3 units)
- PUB HLTH 5007 [Attachment Across the Lifespan](#) (3 units)
- PUB HLTH 5008 [Counselling and Psychotherapy Theories](#) (3 units)
- PUB HLTH 6018 [Counselling Skills 2](#) (3 units)
- PUB HLTH 6019 [Overview of Mental Health](#) (3 units)
- PUB HLTH 6021 [Nature of Grief](#) (3 units)

### Elective Courses

Courses to the value of up to 12 units may be taken from the following:

- PUB HLTH 7073 [Indigenous Health](#) (3 units)
- PUB HLTH 7003 [Cognitive Behaviour Therapy](#) (3 units)
- PUB HLTH 7005 [Narrative Approaches to Counselling](#) (3 units)
- PUB HLTH 7007 [Interpersonal Therapy](#) (3 units)
- PUB HLTH 7010 [Mindfulness-based Counselling Applications](#) (3 units)
- PUB HLTH 7013 [Family & Relationships Counselling](#) (3 units)
- PUB HLTH 7019 [Expressive Therapies: Creative Arts in Counselling](#) (3 units)
- PUB HLTH 7021 [Hypnosis](#) (3 units)
- PUB HLTH 7024 [Counselling of Children and Adolescents](#) (3 units)
- PUB HLTH 7091 [Knowing What Works - Evaluation for Public Health](#) (3 units)

or

Courses to the value of up to 12 units may be taken from the following:

Other postgraduate coursework courses offered by the University or another university which the Faculty approves in lieu of elective courses.

### Research Thesis

Courses to the value of up to 12 units may be taken from the following:

- PUB HLTH 7011 [Thesis](#) (12 units)

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